Duke Pediatric Rheumatology Referral Guide

Comprehensive evaluation of patients through age 21



Specialty clinics designed to support complex and rare rheumatologic conditions



Specialized providers with pediatric training

Overview

Duke Pediatric Rheumatology provides comprehensive evaluation and management of autoimmune, inflammatory, and autoinflammatory diseases in infants, children, adolescents, and young adults through age 21. We offer specialty clinics designed to support complex and rare rheumatologic conditions. This referral guide outlines indications for referral, specialized clinic resources, and referral requirements to help facilitate timely access to care.

How to Refer:

Submit referrals through Duke MedLink and include:

- Reason for referral
- Recent clinic notes
- Relevant laboratory and imaging results
- Insurance information
- Patient contact information

Complete clinical documentation is required for referral review.

Following review, our team will contact the patient regarding scheduling and next steps.

Fax referrals may also be submitted to 919-684-6616. Please call 919-684-6575 to confirm receipt.

Scan QR code to log into Duke MedLink.

DukeHealth

MC-5370

Duke Pediatric Rheumatology Referral Guide

General Pediatric Rheumatology

Locations:

Duke Children's Health Center
2301 Erwin Rd,
Second floor
Durham, NC 27705
919-684-6575

Duke Children's Rheumatology Creekstone
4709 Creekstone Dr,
Suite 300
Durham, NC 27703
919-385-8880

Refer If:

Positive ANA with clinical or laboratory findings, such as:

- Positive dsDNA, low C3/C4, proteinuria, cytopenias, renal dysfunction, elevated ESR/CRP, or other autoantibodies
- Pleuritis, pericarditis, persistent fever
- Malar rash, photosensitivity, Raynaud phenomenon, or sicca symptoms
- Joint swelling, stiffness, limited range of motion, or pain with passive motion

Suspected inflammatory or autoimmune arthritis, including:

- Joint swelling or limited range of motion
- Pain with passive range of motion
- Joint pain with objective signs of arthritis
- Joint pain with psoriasis or inflammatory bowel disease
- Positive RF or anti-CCP antibodies
- Known inflammatory arthritis (transfer of care)

Other rheumatologic conditions, including:

- Kawasaki disease
- Refractory IgA vasculitis
- Inflammatory eye disease
- Vasculitis
- Scleroderma
- Sjögren syndrome
- Sarcoidosis
- IgG4-related disease
- Periodic fever syndromes
- Lupus or myositis (See multidisciplinary clinics below)

We do not schedule referrals for:

- Chronic pain syndromes/juvenile fibromyalgia
- Hypermobility syndromes, including Ehlers-Danlos syndrome
- Isolated chronic fatigue or headaches
- Isolated low-titer ANA (<1:160)
- Mast Cell Activation Syndrome (MCAS)

DukeHealth

Duke Pediatric Rheumatology Referral Guide

Pediatric Rheumatology Multidisciplinary Clinics

Autoimmune Brain Disease Clinic

Location:

Duke Children's Health Center
2301 Erwin Rd,
Second floor
Durham, NC 27705
919-681-1206

Refer if:

Suspected autoimmune neurologic disease, including:

- Autoimmune encephalitis
- Demyelinating disorders (MS, NMOSD, MOGAD)
- CNS vasculitis, neurosarcoidosis, or Neuro-Behcet's disease
- Acute-onset neurologic deficits suspected to be autoimmune (e.g., transverse myelitis, vision loss, focal weakness, chorea)
- New-onset neuropsychiatric symptoms accompanied by focal neurologic deficits, seizures, or severe movement disorders

Please include relevant imaging reports, laboratory results (including autoimmune encephalitis panels), EEG reports, and neuropsychiatric testing with the referral.)

We do not schedule referrals for:

- Pediatric Acute-Onset Neuropsychiatric Syndrome (PANS)
- Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS)

Immune Dysregulation Clinic

Location:

Duke Children's Health Center
2301 Erwin Rd,
Second floor
Durham, NC 27705
919-681-1206

Refer if:

Suspected Immune Dysregulation or Autoinflammatory Disease

- Recurrent or atypical infections accompanied by autoimmune or autoinflammatory features
- Suspected monogenic autoinflammatory syndrome or immune dysregulation disorder
- Overlapping autoimmune and immunodeficiency presentations

Please include prior immunologic, rheumatologic, and genetic testing results with the referral. ***This clinic typically requires provider-to-provider discussion prior to referral.***

DukeHealth

Duke Pediatric Rheumatology Referral Guide

Myositis Clinic

Location:

Duke Children's Health Center
2301 Erwin Rd,
Second floor
Durham, NC 27705
919-684-6575

Refer If:

Suspected inflammatory myopathy, including:

- Juvenile dermatomyositis (proximal muscle weakness with or without characteristic rash)
- Overlap myositis (lupus or scleroderma features with weakness and/or elevated muscle enzymes)
- Immune-mediated necrotizing myopathy
- Other inflammatory myopathies
- Persistent proximal muscle weakness with elevated muscle enzymes (CK, aldolase, LDH, AST)
- Calcinosis in a child with known or suspected inflammatory myopathy
- Abnormal autoantibody testing, EMG, or MRI suggestive of inflammatory myopathy

Pediatric Lupus Clinic

Location:

Duke Children's Health Center
2301 Erwin Rd,
Second floor
Durham, NC 27705
919-684-6575

Refer if:

This multidisciplinary clinic focuses on the ongoing management of pediatric patients with lupus nephritis and complex systemic lupus erythematosus.

This clinic typically requires provider-to-provider discussion prior to referral.

Pediatric Uveitis Clinic

Location:

Duke Eye Center
2351 Erwin Rd
Durham, NC 27705
919-684-6575

Refer if:

Suspected Uveitis or Rheumatologic Ocular Disease, including:

- Known rheumatologic disease and ocular symptoms, including blurred vision, floaters, eye pain, or eye redness
- Prior abnormal ophthalmologic examination or ocular symptoms accompanied by joint pain, stiffness, or swelling

DukeHealth